

Suitable for:

SMA® ADVANCED Follow-on Milk is designed specifically to meet the nutritional needs of babies from 6 months of age as part of a varied weaning diet. It can be used for those infants who are not being breastfed or for those who are being combination fed including those born via c-section.

SMA® ADVANCED Follow-on Milk contains our unique blend of multi-fibres - 2'FL, DFL, LNT, 3'SL, 6'SL & 3'FL which has been shown to promote a healthy gut microbiome.¹

SMA® ADVANCED Follow-on Milk contains 100% whey, partially hydrolysed protein.²

Not suitable for:

1. Cows' milk protein intolerance/allergy.
2. Lactose intolerance.
3. Inborn errors of metabolism such as phenylketonuria, galactosaemia and galactokinase deficiency.

Shelf life:

SMA® ADVANCED Follow-on Milk has a shelf life of 24 months.



800 g

REFERENCES: 1. Bosheva, M., et al. (2022). Infant formula with five HMOs and gut microbiota development: A randomized controlled trial. *Frontiers in Nutrition*, 9, 920362.
2. Czerkies LA et al., *Int J Pediatr*. 2018;2018:4969576.

INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY

DATA CARD

SMA® ADVANCED FOLLOW-ON MILK

From 6 months+



For information on suitability for use in halal diets please contact our Careline team.

✓ Contains 2'FL, DFL, LNT, 3'SL, 6'SL & 3'FL

IMPORTANT NOTICE: We believe that breastfeeding is the ideal nutritional start for babies and we fully support the World Health Organization's recommendation of exclusive breastfeeding for the first six months of life followed by the introduction of adequate nutritious complementary foods along with continued breastfeeding up to two years of age. We also recognise that breastfeeding is not always an option for parents. We recommend that healthcare professionals inform parents about the advantages of breastfeeding. If parents choose not to breastfeed, healthcare professionals should inform parents that such a decision can be difficult to reverse and that the introduction of partial bottle-feeding will reduce the supply of breast milk. Parents should consider the social and financial implications of the use of infant formula. As babies grow at different rates, healthcare professionals should advise on the appropriate time for a baby to begin eating complementary foods. Infant formula and complementary foods should always be prepared, used and stored as instructed on the label in order to avoid risks to a baby's health. **SMA® ADVANCED Follow-on Milk** is only suitable for babies over 6 months as part of a mixed diet. It should not be used as a substitute for breast milk during the first 6 months. The decision to start weaning or to use this product before 6 months, should be made only on the advice of a doctor, midwife, health visitor, public health nurse, dietitian or pharmacist, based on baby's individual needs.



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**Nutrition information for SMA® ADVANCED
Follow-on Milk**

	Units	Per 100 g powder	Per 100 ml prepared feed	Per 100 kcal
Energy				
	kJ	2050	280	418.4
	kcal	490	67	100
Fat	g	23.3	3.2	4.8
of which, saturates	g	2.2	0.3	0.45
of which, mono-unsaturates	g	15	2.0	3.1
of which, polyunsaturates	g	4.3	0.6	0.9
of which, omega 3				
α-linolenic Acid (ALA)	mg	300	41	61
Docosahexaenoic Acid (DHA)	mg	123	17	25
of which, omega 6				
Linoleic Acid (LA)	mg	3500	479	714
Arachidonic Acid (AA)	mg	123	16.8	25
Carbohydrate	g	60.5	8.3	12.3
of which, sugars	g	60.5	8.3	12.3
of which, lactose	g	60.5	8.3	12.3
Fibre	g	0.6	0.09	0.13
of which,				
2'-Fucosyllactose (2'FL)	mg	193	26.4	39
Difucosyllactose (DFL)	mg	27	3.7	6
Lacto-N-Tetraose (LNT)	mg	109.7	15.0	22
3'-Sialyllactose (3'SL) sodium salt	mg	77.5	10.6	16
6'-Sialyllactose (6'SL) sodium salt	mg	34	4.7	7
3'-Fucosyllactose (3'FL)	mg	193	26.4	39
Protein	g	9.3	1.27	1.9
Vitamins				
Vitamin A	µg	420	57	85.7
Vitamin D	µg	12	1.6	2.4
Vitamin E	mg	12	1.6	2.4
Vitamin K	µg	36.5	5.0	7.4
Vitamin C	mg	70	9.6	14.3
Thiamin	mg	0.5	0.07	0.1
Riboflavin	mg	1.1	0.15	0.22
Niacin	mg	4.55	0.62	0.9
Vitamin B6	mg	0.36	0.05	0.07
Folate	µg	150	20.5	30.6
Vitamin B12	µg	1.3	0.18	0.26
Biotin	µg	12.3	1.7	2.5
Pantothenic Acid	mg	5.4	0.74	1.1
Minerals				
Sodium	mg	180	25	36.7
Potassium	mg	565	77	115.3
Chloride	mg	370	51	75.5
Calcium	mg	505	69	103
Phosphorus	mg	318	44	64.9
Magnesium	mg	50	6.8	10.2
Iron	mg	7.5	1.0	1.5
Zinc	mg	3.7	0.51	0.75
Copper	mg	0.38	0.05	0.08
Manganese	mg	0.12	0.02	0.02
Fluoride	mg	0.06	≤ 0.01	≤ 0.01
Selenium	µg	27.6	3.8	5.6
Iodine	µg	98	13.4	20

**INFORMATION FOR HEALTHCARE
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**Fatty acid profile of SMA® ADVANCED
Follow-on Milk**

Fatty Acid		Units	Per 100 ml
Saturated			
Lauric	C12:0	mg	1
Myristic	C14:0	mg	5
Palmitic	C16:0	mg	154
Stearic	C18:0	mg	89
Arachidic	C20:0	mg	9
Behenic	C22:0	mg	23
Lignoceric Acid	C24:0	mg	13
Total saturated		g	0.3
Monounsaturated			
Palmitoleic	C16:1	mg	2
Oleic	C18:1	mg	2054
Total monounsaturated		g	2.0
Polyunsaturated			
Linoleic	C18:2	mg	479
Linolenic	C18:3	mg	41
Docosahexaenoic	C22:6	mg	17
Arachidonic Acid		mg	16.8
Total polyunsaturated		g	0.6
Linoleic:linolenic ratio			11.67:1

**Amino acid profile of SMA® ADVANCED
Follow-on Milk**

Amino Acid	mg per 100 ml
Essential Amino Acids	
Histidine	39
Isoleucine	75
Leucine	155
Lysine	128
Methionine	30
Phenylalanine	56
Threonine	76
Tryptophan	27
Valine	68
Other Amino Acids	
Alanine	63
Arginine	61
Aspartic Acid	146
Cystine	37
Glutamic Acid	224
Glycine	23
Proline	64
Serine	57
Tyrosine	45

**SMA® ADVANCED
Follow-on Milk Ingredients**

Lactose (**MILK**), vegetable oils (sunflower, rapeseed), partially hydrolysed whey protein isolate (**MILK**), partially hydrolysed whey protein concentrate (**MILK**), calcium citrate, calcium phosphate, potassium phosphate, potassium chloride, magnesium chloride, oil from *Mortierella alpina* (AA), oil from the microalgae *Schizochytrium sp.* (DHA), sodium phosphate, L-arginine, 3'-Fucosyllactose (3'FL) (**MILK**), 2'-Fucosyllactose/Difucosyllactose mixture (2'FL/DFL) (**MILK**), Lacto-N-tetraose (LNT) (**MILK**), L-histidine, vitamin C, L-phenylalanine, 3'-Sialyllactose sodium salt (3'SL) (**MILK**), ferrous sulphate, 6'-Sialyllactose sodium salt (6'SL) (**MILK**), zinc sulphate, antioxidant (tocopherol-rich extract), pantothenic acid, vitamin E, niacin, copper sulphate, riboflavin, thiamin, vitamin A, vitamin B₆, manganese sulphate, potassium iodide, folic acid, sodium selenate, vitamin K, biotin, vitamin D, vitamin B₁₂.

Allergy advice: for allergens, see ingredients in **bold**.

Scoop size: 4.5 g

Approx 173 scoops per can

Reconstitution rate: 13.6 g powder/100 ml water

Whey:Casein ratio: 100:0

Lactose: 60.5 g/100 g powder

Osmolality: 358 mOsm/kg water

Osmolarity: 322 mOsm/L

Renal Solute Load: 14.5 mOsm/100 kcal