

Suitable for:

SMA® PRO Growing Up Milk is a fortified milk drink for young children from 12 months onwards as part of a mixed diet.

SMA® PRO Growing Up Milk contains vitamin D and calcium to support the normal growth and development of bones. Omega 3 & 6† and iodine to help support normal growth.

SMA® PRO Growing Up Milk contains 2'FL.

Not suitable for:

1. Cows' milk protein intolerance.
2. Lactose intolerance.
3. Inborn errors of metabolism such as phenylketonuria, galactosaemia and galactokinase deficiency.

Shelf life:

SMA® PRO Growing Up Milk liquid has a shelf life of 10 months.



200ml

INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY

DATA CARD
SMA® PRO
GROWING UP MILK

From 1 year +



- Halal Certified
- Contains 2'FL
- Suitable for vegetarians

IMPORTANT NOTICE: We believe that breastfeeding is the ideal nutritional start for babies and we fully support the World Health Organization's recommendation of exclusive breastfeeding for the first six months of life followed by the introduction of adequate nutritious complementary foods along with continued breastfeeding up to two years of age. We also recognise that breastfeeding is not always an option for parents. We recommend that healthcare professionals inform parents about the advantages of breastfeeding. If parents choose not to breastfeed, healthcare professionals should inform parents that such a decision can be difficult to reverse and that the introduction of partial bottle-feeding will reduce the supply of breast milk. Parents should consider the social and financial implications of the use of infant formula. As babies grow at different rates, healthcare professionals should advise on the appropriate time for a baby to begin eating complementary foods. Infant formula and complementary foods should always be prepared, used and stored as instructed on the label in order to avoid risks to a baby's health. **SMA® PRO Growing Up Milk** is suitable for young children from 1-3 years, as part of a healthy balanced diet and it is not a breast milk substitute.



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INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY

Nutritional information for SMA® PRO Growing Up Milk (Information based on liquid only)

	Units	Per 100 ml	Per 100 kcal
Energy			
	kJ	262	418.4
	kcal	63	100
Fat	g	3.1	4.9
of which, saturates	g	0.7	1.1
of which, mono-unsaturates	g	1.47	2.35
of which, polyunsaturates	g	0.65	1.04
of which			
α-linolenic Acid (Omega 3)†	g	0.09	0.15
Linoleic Acid (Omega 6)†	g	0.5	0.79
Carbohydrate	g	7.7	12.3
of which, sugars	g	4.8	7.6
Fibre	g	0.02	0.03
of which, 2'-Fucosyllactose (2'FL)	mg	20	32
Protein	g	1	1.5
Salt (=Sodium x 2.5)	g	0.09	0.05
Vitamins			
Vitamin A	µg	60	95.7
Vitamin D	µg	2.57	4.1
Vitamin C	mg	15	24.1
Thiamin	mg	0.11	0.17
Riboflavin	mg	0.25	0.4
Folic Acid	µg	27	43.7
Vitamin B₁₂	µg	0.41	0.7
Biotin	µg	5.16	8.2
Minerals			
Sodium	mg	20	32
Calcium	mg	117	186
Iron	mg	1.2	1.9
Zinc	mg	0.75	1.2
Iodine	µg	20	31

Theoretical fatty acid profile of SMA® PRO Growing Up Milk (Information based on liquid)

Fatty Acid		Units	Per 100 ml
Saturated			
Caprylic	C8:0	mg	9
Capric	C10:0	mg	19
Lauric	C12:0	mg	24
Myristic	C14:0	mg	80
Palmitic	C16:0	mg	311
Stearic	C18:0	mg	15
Arachidic	C20:0	mg	12
Behenic	C22:0	mg	14
Total saturated		g	0.7
Unsaturated/Monounsaturated			
Palmitoleic	C16:1	mg	21
Oleic	C18:1	mg	1416
Total monounsaturated		g	1.47
Polyunsaturated			
Linoleic	C18:2	mg	500
Linolenic	C18:3	mg	93
Total polyunsaturated		g	0.65
Linoleic:linolenic ratio			2.7

Theoretical amino acid profile of SMA® PRO Growing Up Milk (Information based on liquid)

Amino Acid	mg per 100 ml
Essential & Semi-Essential Amino Acids	
Arginine	31
Cystine	9
Glycine	19
Histidine	25
Isoleucine	39
Leucine	92
Lysine	71
Methionine	28
Phenylalanine	47
Proline	95
Threonine	38
Tryptophan	13
Tyrosine	47
Valine	60
Other Amino Acids	
Glutamic acid	76
Aspartic acid	58
Serine	209
Alanine	34

SMA® PRO Growing Up Milk ingredients

Liquid: Water, skimmed **MILK**, whey permeate (**MILK**), vegetable oils (rapeseed, sunflower), cream (**MILK**), maltodextrin, corn starch, lactose (**MILK**), calcium citrate, emulsifier (**SOYA** lecithin), acidity regulator (potassium citrate), calcium phosphate, sodium phosphate, calcium chloride, Vitamin C, 2'-Fucosyllactose (2'FL), thickener (Carrageenan), ferrous sulphate, zinc sulphate, Antioxidant (tocopherol-rich extract), Riboflavin, Thiamin, Vitamin A, Folic Acid, potassium iodide, Biotin, Vitamin D, Vitamin B₁₂.

Whey: Casein ratio: 23:77

Lactose: 4.6g/100ml

Potential Renal Solute Load: 134 mOsm/l (liquid)

Osmolality: 233 mOsm/kg H₂O (liquid)

Osmolarity: 212 mOsm/L

†LCPs = Long Chain Polyunsaturates

†beneficial effect of essential fatty acids is obtained with a daily intake of 10 g of linoleic acid and 2 g of α-linolenic acid.