## **Suitable for:**

**SMA®** Anti-Reflux is a nutritionally complete formula for the dietary management of frequent reflux and regurgitation. It is suitable for use from birth until 1 year of age. It can be included in a weaning diet for infants aged 6 months and above.

**SMA®** Anti-Reflux formula has added potato starch. This digestible starch increases the thickness of the feed and has shown to reduce the incidence of regurgitation in infants.<sup>1</sup> SMA® Anti-Reflux contains 100% whey, partially hydrolysed protein, which helps to accelerate gastric emptying and digestion.<sup>2</sup>

This product is a Food for Special Medical Purposes.

For information on suitability for use in Halal diets please contact our Careline team.

### Not suitable for:

- 1. Cows' milk protein intolerance/allergy.
- 2. Lactose intolerance.
- 3. Inborn errors of metabolism such as phenylketonuria, galactosaemia and galactokinase deficiency.
- 4. Do not use with other feed thickeners or antacids.

## **Shelf life:**

**SMA® Anti-Reflux** formula powder has a shelf life of 24 months.



#### 800 g

#### References

1. Indrio F. et al. Thickened partially hydrolyzed milk formula added with I. Reuteri decreases the number of regurgitation in infants and ameliorates the gastric motility. I Pediatric and Neonatal Individualized Medicine. 2015;4(2):e040210. 2. Billeaud C. et al. Gastric emptying in infants with or without gastro-oesophageal reflux according to the type of milk. Eur J Clin Nutr 1990;44(8):577-583.

## INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY

## SMA® ANTI-RFFI UX FORMUII A

## From Birth to 12 months datacard



- No fish oil
- No palm oil
- Updated preparation
- Available on prescription (UK only)
- Can be fed immediately after preparation
- Thicker formula, requires a fast flow teat

careline

**UK** 0800 081 81 80 www.smahcp.co.uk

**ROI** 1800 931 832 www.smahcp.ie

SMA® Nutrition, 1 City Place, Gatwick, RH6 0PA In the Republic of Ireland: SMA® Nutrition, 3030 Lake Drive, Citywest Business Campus, Dublin 24, Ireland

IMPORTANT NOTICE: We believe that breastfeeding is the ideal nutritional start for babies as breast milk provides a balanced diet and protection against illness for a baby. We fully support the World Health Organization's recommendation of exclusive breastfeeding for the first six months of life followed by the introduction of adequate nutritious complementary foods along with sustained breastfeeding up to two years of age. We also recognise that breastfeeding may not be an option due to certain medical conditions. Parents should only feed Infant formula for special medical purposes under supervision of a healthcare professional after full consideration of all feeding options, including breastfeeding. Continued use must be assessed by the healthcare professional in relation to the baby's progress bearing in mind any social and financial implications for the family. Infant formula should always be prepared, used and stored as instructed on the label in order to avoid risks to a baby's health. **This product must** be used under medical supervision. SMA° **Anti-Reflux** is a special formula intended for the dietary management of bottle-fed babies when significant reflux (regurgitation) is a problem. It is suitable as the sole source of nutrition up to 6 months of age, and in conjunction with solid food up to 12 months of age. If the baby's reflux does

not improve within 2 weeks of starting SMA®

**Anti-Reflux**, or if the baby fails to thrive, the family

doctor should be consulted



#### Nutritional information for SMA° Anti-Reflux Formula

	Units	Per 100 ml	Per 100 g powder	Per 100 kca
Energy	kJ	280	2138	418
	kcal	67	511	100
Fat	g	3.5	26.5	5.2
of which, saturates	g	0.3	2.4	0.5
of which, mono-unsaturates	g	2.2	17	3.3
of which, polyunsaturates	g	0.6	4.9	1.0
Omega 3				
α-linolenic acid (ALA)	mg	49	370	72
Docosahexaenoic acid (DHA)†	mg	17	130	25
Omega 6				
Linoleic acid (LA)	mg	538	4100	802
Arachidonic Acid (AA)†	mg	17	130	25
Carbohydrate	g	7.7	58	11.4
of which, sugars	g	4.9	37	7.2
of which, starch	g	2.7	21	4.0
Protein	g	1.3	9.8	1.9
Salt* (= Sodium x 2.5)	g	0.06	0.5	0.1
Vitamins				
Vitamin A	μg	66	500	98
Vitamin D	μg	1.7	13	2.5
Vitamin E	mg	1.7	13	2.5
Vitamin K	μg	4.9	37	7.2
Vitamin C	mg	10	80	16
Thiamin	mg	0.06	0.48	0.09
Riboflavin	mg	0.06	0.48	0.09
Niacin	mg	0.49	3.7	0.7
Vitamin B <sub>6</sub>	mg	0.04	0.28	0.06
Folate (DFE)**	μg	21.6	165	32.3
Vitamin B <sub>12</sub>	μg	0.16	1.3	0.25
Biotin	μg	1.4	11	2.2
Pantothenic acid	mg	0.33	2.5	0.5
Minerals				
Sodium	mg	26	195	38
	mmol	1.1	8.5	1.7
Potassium	mg	77	585	114
	mmol	2.0	15.0	2.9
Chloride	mg	52	400	78
	mmol	1.5	11.3	2.2
Calcium	mg	45	340	67
	mmol	1.1	8.5	1.7
Phosphorus	mg	26	200	39
Phosphate	mmol	0.8	6.5	1.3
Magnesium	mg	7.6	58	11.4
	mmol	0.3	2.4	0.5
Iron	mg	0.7	5.6	1.1
Zinc	mg	0.49	3.8	0.7
Copper	mg	0.05	0.4	0.07
Manganese	mg	0.02	0.17	0.03
Fluoride	mg	<0.01	<0.1	<0.01
Selenium	μg	3.9	30	5.9
Chromium	μg	<6.7	<51	<10
Molybdenum	μg	<9.4	<72	<14
Iodine	μg	14	110	21.5
Others				
Taurine	mg	4.2	32	6.3
Choline	mg	21	160	31
Inositol	mg	4.6	35	7
L-Carnitine	mg	1.7	13	2.5
Nucleotides	mg	2.0	15	2.9

# INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY

#### Theoretical fatty acid profile of SMA® Anti-Reflux Formula

Fatty Acid		Units	Per 100 ml
Saturated			
Caprylic	C8:0	mg	0
Capric	C10:0	mg	0.4
Lauric	C12:0	mg	0.9
Myristic	C14:0	mg	5
Palmitic	C16:0	mg	165
Stearic	C18:0	mg	96
Arachidic	C20:0	mg	10
Behenic	C22:0	mg	25
Lignoceric	C24:0	mg	14
Total saturated		g	0.3
Monounsaturated			
Palmitoleic	C16:1	mg	1.6
Oleic	C18:1	mg	2232
Gondoic	C20:1	mg	13
Erucic	C22:1	mg	3.3
Total monounsaturated		g	2.2
Polyunsaturated			
Linoleic	C18:2	mg	538
Linolenic	C18:3	mg	49
Arachidonic	C20:4	mg	17
Docosahexaenoic	C22:6	mg	17
Total polyunsaturated		g	0.6
Linoleic:linolenic ratio			11.0:1

#### Theoretical amino acid profile of SMA® Anti-Reflux Formula

Amino Acid	Units	per 100 ml			
Essential & Semi-Essential Amino Acids					
Arginine	mg	65			
Cystine	mg	36			
Histidine	mg	38			
Isoleucine	mg	73			
Leucine	mg	152			
Lysine	mg	126			
Methionine	mg	30			
Phenylalanine	mg	56			
Threonine	mg	75			
Tryptophan	mg	26			
Tyrosine	mg	44			
Valine	mg	66			
Other Amino Acids					
Aspartic acid	mg	143			
Serine	mg	56			
Glutamic acid	mg	219			
Proline	mg	63			
Glycine	mg	22			
Alanine	mg	62			

#### mmol information for SMA® Anti-Reflux Formula

Nutrient	Per 100 ml (mmol)	Per 100 g powder (mmol)
Calcium	1.1	8.8
Phosphate	0.8	6.5
Magnesium	0.3	2.4
Iron	0.01	0.1
Zinc	0.01	0.06
Sodium	1.1	8.5
Potassium	2.0	15.0
Chloride	1.5	11.3

## **SMA®** Anti-Reflux Formula ingredients

**Powder (800 g):** Lactose (**MILK**), vegetable oils (sunflower, rapeseed), potato starch, partially hydrolysed whey protein (**MILK**), potassium phosphate, calcium citrate, magnesium chloride, choline bitartrate, *Mortierella alpina* oil (AA), oil from the microalgae *Schizochytrium* sp.(DHA), potassium chloride, L-arginine, sodium chloride, vitamin C, L-histidine, L-phenylalanine, taurine, inositol, ferrous sulphate, nucleotides (cytidine-, disodium uridine-, adenosine-, disodium guanosine-5'- monophosphate), L-carnitine, antioxidants (tocopherol-rich extract), zinc sulphate, vitamin E, niacin, pantothenic acid, copper sulphate, vitamin A, thiamin, riboflavin, vitamin B<sub>6</sub>, manganese sulphate, potassium iodide, folic acid, sodium selenate, vitamin K, vitamin D, biotin, vitamin B<sub>12</sub>.

Scoop size: 4.4 g

Whey:Casein ratio: 100% Whey

**Potential Renal Solute Load:** 127 mOsm/l (powder) **Reconstitution rate:** 13 g powder/100 ml water

**Lactose:** 37 g/100 g powder

**Osmolality:** 236 mOsm/Kg H<sub>2</sub>O (powder) **Osmolarity:** 212 mOsm/L (powder)

\*Salt is calculated as sodium x 2.5.
Sodium is present for nutritional purposes.

\*\* DFE – Dietary Folate Equivalent: 1 µg DFE =
1 µg food folate = 0.6 µg folic acid from formula.

† Long Chain Polyunsaturate (LCP).

