Suitable for:

SMA° PRO Follow-on Milk is suitable for infants from 6 months onwards as part of a varied and balanced weaning diet. It provides increased levels of important nutrients, such as the minerals iron and zinc and the vitamins A and D, to meet infants' changing requirements at this stage.

SMA® PRO Follow-on Milk contains 2'FL.

Not suitable for:

- 1. Cows' milk protein intolerance.
- 2. Lactose intolerance.
- 3. Inborn errors of metabolism such as phenylketonuria, galactosaemia and galactokinase deficiency.

Shelf life:

SMA° PRO Follow-on Milk powder has a shelf life of 24 months.



INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY

DATACARD SMA® PRO FOLLOW-ON MILK

From 6 months+



✓ Contains 2'FL

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Updated July 2023



IMPORTANT NOTICE: We believe that breastfeeding is the ideal nutritional start for babies and we fully support the World Health Organizations recommendation of exclusive breastfeeding for the first six months of life followed by the introduction of adequate nutritious complementary foods along with continued breastfeeding up to two years of age. We also recognize that breastfeeding is not always an option for parents. We recommend healthcare professionals to inform parents about the advantages of breastfeeding. If parents consider not to breastfeed, healthcare professionals should inform parents that such a decision can be difficult to reverse and that the introduction of partial bottle-feeding will reduce the supply of breast milk. Parents should consider the social and financial implications of the use of infant formula. As babies grow at different rates, healthcare professionals should advise on the appropriate time for a baby to begin eating complementary foods. Infant formula and complementary foods should always be prepared, used and stored as instructed on the label in order to avoid risks to a baby's health. SMA® PRO Follow-on Milk is only suitable for babies over 6 months as part of a mixed diet. It should not be used as a substitute for breast milk during the first 6 months. The decision to start weaning or to use this product before 6 months, should be made only on the advice of a doctor, midwife, health visitor, public health nurse, dietitian or pharmacist, based on baby's individual needs..



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INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY

Nutritional information for SMA® PRO Follow-on Milk (Information based on powder only)

	Units	Per 100 ml	Per 100g	Per 100kcal
Energy	kJ	280	2092	418
	kcal	67	500	100
Fat	g	3.3	24.4	4.9
of which, saturates	g	0.3	2.4	0.5
of which, unsaturates	g	2.7	20.1	4.0
Carbohydrate	g	8.2	61.5	12.3
of which, sugars	g	8.2	61.5	12.3
of which, lactose	g	8.2	61.5	12.3
Fibre	g	0.02	0.19	0.04
Protein	g	1.1	8.5	1.7
Salt* (= Sodium x 2.5)	g	0.08	0.64	0.1
Vitamins				
Vitamin A	μg	62	460	92
Vitamin D	μg	1.7	12.5	2.5
Vitamin E	mg	1.8	13.4	2.7
Vitamin K	μg	5.1	38	7.6
Vitamin C	mg	12.5	93	18.6
Thiamin	mg	0.07	0.5	0.1
Riboflavin	mg	0.16	1.2	0.2
Niacin	mg	0.54	4	0.8
Vitamin B ₆	mg	0.04	0.3	0.06
Folate (DFE)**	μg	19	140	28
Vitamin B ₁₂	μg	0.2	1.3	0.3
Biotin	μg	1.74	13	2.6
Pantothenic acid	mg	0.43	3.2	0.64
Minerals				
Sodium	mg	34	255	51
Potassium	mg	88	660	132
Chloride	mg	48	360	72
Calcium	mg	66	490	98
Phosphorus	mg	40	300	60
Magnesium	mg	4.4	33	6.6
Iron	mg	1.0	7.5	1.5
Zinc	mg	0.5	3.8	0.8
Copper	mg	0.05	0.4	0.08
Manganese	mg	0.02	0.18	0.04
Fluoride	mg	≤ 0.01	0.06	0.01
Selenium	μg	3.4	25	5
Iodine	μg	14	105	21
Others				
2'-Fucosyllactose (2'FL)	mg	25	186	37
Omega 3				
α -linolenic acid (ALA) [†]	mg	46	340	68
Docosahexaenoic acid (DHA) ⁺⁺	mg	17	125	25
Omega 6				
Linoleic acid (LA)†	mg	509	3800	760

Typical fatty acid profile of SMA® PRO Follow-on Milk (Information based on powder only)

Fatty Acid		Units	Per 100 ml
Saturated			
Palmitic	C16:0	mg	160
Stearic	C18:0	mg	90
Total saturated		g	0.3
Unsaturated/Monounsaturated			
Oleic	C18:1	mg	2085
Total monounsaturated		g	2.1
Polyunsaturated			
Linoleic	C18:2	mg	760
Linolenic	C18:3	mg	68
Total polyunsaturated		g	0.6
Linoleic:linolenic ratio			11.2

Typical amino acid profile of SMA[®] PRO Follow-on Milk (Information based on powder only)

Amino Acid	mg per 100 ml			
Essential & Semi-Essential Amino Acids				
Arginine	34			
Cystine	19			
Histidine	32			
Isoleucine	69			
Leucine	125			
Lysine	97			
Methionine	26			
Phenylalanine	78			
Threonine	58			
Tryptophan	26			
Tyrosine	45			
Valine	65			
Other Amino Acids				
Aspartic acid	104			
Serine	60			
Glutamic acid	22			
Proline	87			
Glycine	23			
Alanine	45			

SMA® PRO Follow-on Milk ingredients

Powder (400 g and 800 g): Lactose (<u>MILK</u>), vegetable oils (sunflower, rapeseed), whey protein (<u>MILK</u>), skimmed <u>MILK</u>, whey permeate (<u>MILK</u>), calcium citrate, sodium phosphate, potassium citrate, potassium chloride, emulsifier (<u>SOYA</u> lecithin), DHA (Oil from the microalgae *Schizochytrium* sp.), acidity regulator (citric acid), L-phenylalanine, 2'-Fucosyllactose (2'FL), vitamin C, magnesium chloride, potassium phosphate, L-leucine, L-isoleucine, L-tryptophan, L-histidine, ferrous sulphate, zinc sulphate, antioxidants (alpha-tocopherol, ascorbyl palmitate), vitamin E, niacin, pantothenic acid, copper sulphate, potassium iodide, folic acid, sodium selenate, vitamin K, vitamin D, biotin, vitamin B₁₂.

Scoop size: 4.5 g (4.467g)

Whey:Casein ratio: 60:40 Potential Renal Solute Load: 129 mOsm/l Reconstitution rate: 13.4 g powder/100 ml water Lactose: 8.2 g/100 ml and 61.5g/100g of powder Osmolality: 362 mOsm/Kg H2O (powder) Osmolarity: 325 mOsm/L (powder)

*Salt is calculated as sodium x 2.5. Sodium is present for nutritional purposes. Beneficial effect of essential fatty acids is obtained with a daily intake of 10 g of linoleic acid and 2 g of Q-linolenic acid. +tLCP= Long Chain Polyunsaturated fatty acids. **DFE = Dietary Folate Equivalent: 1 µg DFE = 1µg food folate = 0.6µg folic acid from formula

