

## INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY

### Please hand to your GP once complete

Post-discharge formulas have been designed specifically to help meet the needs of preterm infants, who are not being breastfed, once they are at home.

**SMA Gold Prem® 2:** helping early arrivals thrive on their return home.

Preterm infants require higher levels of protein, energy and other nutrients, compared to infants born at term, in order to achieve catch-up growth.

**On discharge from hospital, a preterm infant may still have a body weight lower than the birthweight of a term infant<sup>1</sup>**

**SMA Gold Prem® 2** – a post-discharge formula – has been designed to help meet the needs of preterm infants until they transition to a standard first infant formula:

- ✓ More protein, energy and other nutrients compared with standard formula to help promote catch-up growth<sup>1</sup>
- ✓ Contains a fat blend enriched with SN-2 palmitate to promote softer stools<sup>2,3</sup>
- ✓ Calcium and phosphorus for bone development<sup>4</sup>
- ✓ Omega 3 and 6 LCs to support brain and eye development<sup>5,6</sup>

◆ **Iron level has been increased to 1.2mg/100ml please take this into consideration when considering supplementation of iron.**

For preterm infants who are formula-fed on discharge, ESPGHAN recommends a post-discharge formula should be given until at least 40 weeks and possibly up to 52 weeks, post-conceptual age.<sup>1</sup>

#### References:

1. Aggett PJ et al. *J Pediatr Gastr Nutr* 2006; 42: 596–603. 2. Lucas A et al. Randomised controlled trial of a synthetic triglyceride milk formula for preterm infants. *Archives of Disease in Childhood* 1997; 77: F178–F184. 3. Carnielli VP, Lujendijk IH, van Goudoever JB, Sulkers EJ, Boerlage AA, Degenhart HJ and Sauer PJ, 1995. Feeding premature newborn infants palmitic acid in amounts and stereoisomeric position similar to that of human milk: effects on fat and mineral balance. *American Journal of Clinical Nutrition*, 61, 1037-1042. 4. Koletzko B et al. Nutritional Care of Preterm Infants: Scientific Basis and Practical Guidelines. Karger Medical and Scientific Publishers: 2014. 5. Carlson SE et al. *Am J Clin Nutr* 1993; 58: 35–42. 6. Hoffman DR et al. *Am J Clin Nutr* 1993; 57(suppl): 807S–812S.

**IMPORTANT NOTICE:** We believe that breastfeeding is the ideal nutritional start for babies as breast milk provides a balanced diet and protection against illness for a baby. We fully support the World Health Organization's recommendation of exclusive breastfeeding for the first six months of life followed by the introduction of adequate nutritious complementary foods along with sustained breastfeeding up to two years of age. We also recognise that breastfeeding may not be an option due to certain medical conditions. Parents should only feed Infant formula for special medical purposes under supervision of a healthcare professional after full consideration of all feeding options, including breastfeeding. Continued use must be assessed by the healthcare professional in relation to the baby's progress bearing in mind any social and financial implications for the family. Infant formula should always be prepared, used and stored as instructed on the label in order to avoid risks to a baby's health. **The following products must be used under medical supervision.** **SMA Gold Prem® 1** is a special formula intended for the dietary management of preterm low birthweight babies who are not solely fed breast milk. It is suitable for use as the sole source of nutrition for preterm babies from birth. **SMA Gold Prem® 1** is not intended for use with older preterm babies, for whom a special catch-up formula such as **SMA Gold Prem® 2** is more appropriate. **SMA Gold Prem® 2** is a special catch-up formula intended for the dietary management of preterm low birthweight babies who are not solely fed breast milk. It is a nutritionally complete formula for use on discharge from hospital or when a low birthweight formula is no longer appropriate. It is suitable for use as the sole source of nutrition up to 6 months corrected age. **SMA Gold Prem® 2** is not intended for use with newborn preterm babies, for whom fortified breast milk or a low birthweight formula such as **SMA Gold Prem® 1** is more appropriate.

ESPGHAN: European Society of Paediatric Gastroenterology, Hepatology and Nutrition. DEDWHL008, DSHL001-3, DSH204-1  
SMA® Nutrition UK and Ireland ZTC6279/06/23

## FOR HEALTHCARE PROFESSIONALS TO GIVE TO PARENTS

### Meeting your baby's nutritional needs in hospital

**SMA Gold Prem® 1** is available in 70 ml ready-to-use bottles.

**SMA Gold Prem® 2** is available in 90 ml ready-to-use bottles.



### Helping your baby thrive at home

**SMA Gold Prem® 2** is available on prescription in 200 ml bottle for use at home and 800 g cans of powder.



200 ml bottle  
PIP code 371–0530  
(1 x 200 ml)

800 g can  
PIP code 416-2418  
(1 x 800 g)

**IMPORTANT NOTICE:** We believe that breastfeeding is the ideal nutritional start for babies as breast milk provides a balanced diet and protection against illness for your baby. We fully support the World Health Organization's recommendation of exclusive breastfeeding for the first six months of life followed by the introduction of adequate nutritious complementary foods along with sustained breastfeeding up to two years of age. We also recognise that breastfeeding may not be an option due to certain medical conditions. You should only feed Infant formula for special medical purposes under supervision of a healthcare professional after full consideration of all feeding options, including breastfeeding. Continued use must be assessed by the healthcare professional in relation to the baby's progress bearing in mind any social and financial implications for the family. Infant formula should always be prepared, used and stored as instructed on the label in order to avoid risks to a baby's health. **These products must be used under medical supervision.** **SMA Gold Prem® 1** is a special formula intended for the dietary management of preterm low birthweight babies who are not solely fed breast milk. It is suitable for use as the sole source of nutrition for preterm babies from birth. **SMA Gold Prem® 1** is not intended for use with older preterm babies, for whom a special catch-up formula such as **SMA Gold Prem® 2** is more appropriate. **SMA Gold Prem® 2** is a special catch-up formula intended for the dietary management of preterm low birthweight babies who are not solely fed breast milk. It is a nutritionally complete formula for use on discharge from hospital or when a low birthweight formula is no longer appropriate. It is suitable for use as the sole source of nutrition up to 6 months corrected age. **SMA Gold Prem® 2** is not intended for use with newborn preterm babies, for whom fortified breast milk or a low birthweight formula such as **SMA Gold Prem® 1** is more appropriate.

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## FOR HEALTHCARE PROFESSIONALS TO GIVE TO PARENTS

### Information for parents of babies born prematurely, who have been discharged from hospital with SMA Gold Prem® 2



FOR HEALTHCARE PROFESSIONALS TO GIVE TO PARENTS

## Meeting your baby's nutritional needs in hospital



### Why does my baby need extra nutritional support?

The last 4 weeks of pregnancy are a very important period of growth and weight gain for your baby. Therefore, if born prematurely, your baby may weigh less than babies who were born at full-term.

**Preterm babies require higher levels of protein, energy and other nutrients, compared to infants born at full-term, in order to achieve catch-up growth**

**Your baby may have been fed SMA Gold Prem® 1 in hospital to promote catch-up growth**

FOR HEALTHCARE PROFESSIONALS TO GIVE TO PARENTS

## Helping your baby thrive at home

How can I continue to support my baby at home?



**On discharge from hospital, a preterm baby may still have a body weight lower than the birthweight of a baby who was born at full-term**

When it's time for you to take your baby home, there may still be some catching up to do. To help with this, you'll be given a post-discharge formula called **SMA Gold Prem® 2**.

### What is SMA Gold Prem® 2?



**SMA Gold Prem® 2 is a nutritionally complete formula, specifically designed to help meet the nutritional needs of preterm infants when they are discharged from hospital**

Specially designed formulas for preterm infants at home are available on prescription, so you will need to visit your GP. To ensure that your baby continues to receive the specialist nutrition required, please give the tear-off section of this leaflet to your GP so they can prescribe **SMA Gold Prem® 2**.



INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY

## Please hand to your GP once complete

To be completed by a healthcare professional on baby's discharge from hospital; once complete please hand to your GP.

### Information for GP – baby's details

Baby's full name	
Name of parent/guardian	
Name of hospital where baby is being discharged from	
Discharge date	
Nutritional support recommended	
This baby has been discharged on <b>SMA Gold Prem® 2</b> – a post-discharge formula specially formulated to help promote catch-up growth in bottle-fed low birthweight/preterm infants on discharge from hospital.	
Upon discharge, the baby will have a limited supply of the product. See overleaf for more information on <b>SMA Gold Prem® 2</b> .	
Yours sincerely	
Name & title of healthcare professional	Date



**SMA Gold Prem® 2** is available from most pharmacies as:



200 ml bottle  
PIP code 371-0530  
(1 x 200 ml)



800 g can  
PIP code 416-2418  
(1 x 800 g)



UK 0800 081 81 80  
www.smahcp.co.uk  
ROI 1800 931 832  
www.smahcp.ie