



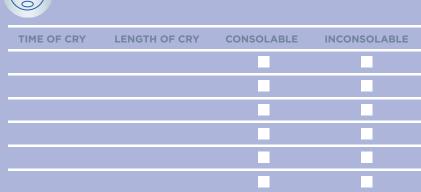
This **24-hour diary** for symptoms is designed to aid parents / caregivers in keeping track of baby's symptoms when the baby has feeding issues or crying-related symptoms. Using this tracker to keep an accurate record of a baby's symptoms / events and sharing it with a healthcare professional may help with accurate diagnosis.

Tick the boxes or input information for relevant symptoms as they occur.

The Health Warning section below lists symptoms that are more serious and require urgent care. Please read this first to see if your baby is experiencing any of them.

NAME: AG	E: DOB:	GENDER:	WEIGHT:
POO CONSISTENCY	FEEDING Amount or type		a or teaspoon of carrot puree
TIME LOOSE SOFT HARD	TIME BREA	ST MILK FORMU	JLA FOOD
	SIGNS O	F PAIN	
MEDICATION	TIME FACIAL EXPRES	SION PULLING KNEE	TO CHEST GRUNTING
REFLUX Bringing up milk during or soon after feeds TIME	healthcare professional, br vomiting, blood or yellow o	the symptoms below, ple growth or weight gain as eathing difficulties, fever, colouring in their vomit, b emains clear even when p	indicated by your retching or projectile lood in their poo, abnormal pressed under a glass, puffy

keep awake or more sleepy than usual, stiffened or going floppy, abnormal body spasms. **CRYING**





face or pale/ashen blue skin, unwillingness to feed, unresponsive, difficult to

NOTES

For anything else that is relevant e.g. wind, change in appetite etc.