

**Suitable for:**

SMA® ADVANCED Follow-on Milk is tailored for babies from 6 months as part of a varied weaning diet. It contains Zinc and Vitamins A, C & D to help support the normal function of baby's immune system as well as Iron, Vitamin A, Calcium and Omega 3 & 6 at increased levels to meet these infant changing needs for this stage.

SMA® ADVANCED Follow-on Milk contains 2'FL and LNnT which is the latest breakthrough in infant nutrition.

SMA® ADVANCED Follow-on Milk contains 100% whey, partially hydrolysed protein which helps to accelerate gastric emptying<sup>1</sup> and helps with softer stools.<sup>2</sup>

**Not suitable for:**

1. Cows' milk protein intolerance/allergy.
2. Lactose intolerance.
3. Inborn errors of metabolism such as phenylketonuria, galactosaemia and galactokinase deficiency.

**Shelf life:**

SMA® ADVANCED Follow-on Milk powder has a shelf life of 24 months.



800 g

References:  
 1. Billeaud C *et al.* Eur J Clin Nutr. 1990; 44: 577-83.  
 2. Laura A. Czerkies *et al.* International Journal of Pediatrics, vol. 2018, Article ID 4969576, 7 pages, 2018.

INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY

**SMA® ADVANCED FOLLOW-ON MILK**

From 6 months + data card



Contains 2FL and LNnT

**IMPORTANT NOTICE:** The World Health Organisation (WHO) recommends exclusive breastfeeding during the first 6 months of life and continued breastfeeding for as long as possible. SMA® ADVANCED Follow-on Milk is only suitable for babies over 6 months as part of a mixed diet. It should not be used as a substitute for breast milk during the first 6 months. The decision to start weaning or to use this product before 6 months, should be made only on the advice of a doctor, midwife, health visitor, public health nurse, dietitian or pharmacist, based on baby's individual needs.



UK 0800 081 81 80  
[www.smahcp.co.uk](http://www.smahcp.co.uk)  
 ROI 1800 931 832  
[www.smahcp.ie](http://www.smahcp.ie)

SMA Nutrition, 1 City Place, Gatwick, RH6 OPA  
 In the Republic of Ireland: SMA Nutrition, 3030 Lake Drive, Citywest Business Campus, Dublin 24, Ireland



**Nutritional information for SMA® ADVANCED Follow-on Milk**

	Units	Per 100 ml	Per 100 kcal	Per 100 g powder
Energy		285	419	2139
				511
				26
Fat	g	3.5	5.1	26
of which, saturates	g	1	1.4	7.3
of which, unsaturates	g	2.2	3.3	16.7
Carbohydrate	g	7.8	11.5	59
of which, sugars	g	7.8	11.5	59
Fibre	g	0.15	0.22	1.14
Protein	g	1.3	1.9	9.7
Salt* (= Sodium x 2.5)	g	0.07	0.1	0.5
<b>Vitamins</b>				
Vitamin A	µg	68	100	510
Vitamin D	µg	0.9	1.4	7
Vitamin E	mg	1.3	2	10
Vitamin K	µg	5.3	7.8	40
Vitamin C	mg	9.2	13.5	69
Thiamin	mg	0.07	0.1	0.5
Riboflavin	mg	0.15	0.23	1.15
Niacin	mg	0.72	1.1	5.4
Vitamin B <sub>6</sub>	mg	0.05	0.07	0.36
Folic acid	µg	10.8	15.9	81
Vitamin B <sub>12</sub>	µg	0.15	0.23	1.15
Biotin	µg	1.66	2.45	12.5
Pantothenic acid	mg	0.64	0.94	4.8
<b>Minerals</b>				
Sodium	mg	27	39	200
Potassium	mg	77	114	580
Chloride	mg	51	75	385
Calcium	mg	46	68	347
Phosphorus	mg	27	39	200
Magnesium	mg	6.8	10	51
Iron	mg	0.7	1.04	5.3
Zinc	mg	0.67	1	5
Copper	mg	0.06	0.09	0.4
Manganese	mg	0.01	0.02	0.1
Fluoride	mg	≤0.01	≤0.01	≤0.06
Selenium	µg	2.3	3.3	17
Iodine	µg	10.6	15.7	80
<b>Others</b>				
Taurine	mg	4	6	30
Choline	mg	7.5	11	56
Inositol	mg	4.3	6.3	32
L-Carnitine	mg	1.9	2.8	14
Nucleotides	mg	2	3	15
2'Fucosyllactose	mg	102	149	763
Lacto-N-Neotetraose	mg	51	75	381
<b>Omega 3:</b>				
α-linolenic acid (ALA)	mg	67	98	500
Docosahexaenoic acid (DHA) <sup>††</sup>	mg	7.6	11.2	57
<b>Omega 6:</b>				
Linoleic acid (LA)	mg	546	802	4100
Arachidonic acid (AA) <sup>††</sup>	mg	7.6	11.2	57

**INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY**
**Theoretical fatty acid profile of SMA® ADVANCED Follow-on Milk**

Fatty Acid		Units	Per 100 ml
<b>Saturated</b>			
Caprylic	C8:0	mg	56
Capric	C10:0	mg	62
Lauric	C12:0	mg	378
Myristic	C14:0	mg	141
Palmitic	C16:0	mg	193
Stearic	C18:0	mg	103
Arachidic	C20:0	mg	7
Behenic	C22:0	mg	18
Total saturated		g	0.96
<b>Unsaturated/Monounsaturated</b>			
Palmitoleic	C16:1	mg	2
Oleic	C18:1	mg	1606
Eicosenoic	C20:1	mg	10
Total monounsaturated		g	1.62
<b>Polyunsaturated</b>			
Linoleic	C18:2	mg	546
Linolenic	C18:3	mg	67
Arachidonic	C20:4	mg	7.6
Docosahexaenoic	C22:6	mg	7.6
Total polyunsaturated		g	0.642

**Theoretical amino acid profile of SMA® ADVANCED Follow-on Milk**

Amino Acid	mg per 100 ml
<b>Essential &amp; Semi-Essential Amino Acids</b>	
Arginine	67
Cystine	38
Histidine	40
Isoleucine	77
Leucine	163
Lysine	135
Methionine	32
Phenylalanine	47
Threonine	80
Tryptophan	28
Tyrosine	61
Valine	71
<b>Other Amino Acids</b>	
Aspartic acid	154
Serine	60
Glutamic acid	235
Proline	67
Glycine	24
Alanine	66

**SMA® ADVANCED Follow-on Milk ingredients**

**Powder (800 g):** Lactose (milk), vegetable oils (sunflower, coconut, rapeseed), partially hydrolysed whey protein (milk), 2'fucosyllactose (2'FL), Lacto-N-Neotetraose (LNnT), calcium phosphate, polyunsaturated fatty acids (AA, DHA [fish oil]), magnesium chloride, potassium chloride, L-arginine, potassium phosphate, vitamins (C, pantothenic acid, niacin, E, riboflavin, A, thiamin, B<sub>6</sub>, folic acid, K, biotin, D, B<sub>12</sub>), sodium chloride, L-histidine, choline bitartrate, L-tyrosin, taurine, inositol, ferrous sulphate, L-carnitine, zinc sulphate, antioxidants (tocopherol-rich extract, ascorbyl palmitate), nucleotides (cytidine-, disodium uridine-, adenosine-, disodium guanosine-5'-monophosphate), copper sulphate, manganese sulphate, potassium iodide, sodium selenate.

**Scoop size:** 4.4 g

**Whey:Casein ratio:** 100:0

**Potential Renal Solute Load:** 128 mOsm/l (powder)

**Reconstitution rate:** 13.3 g powder/100 ml water

**Lactose:** 59 g/100 g powder

**Osmolality:** 325 mOsm/kg H<sub>2</sub>O (powder)

\*Salt is calculated as sodium x 2.5.  
Sodium is present for nutritional purposes.  
<sup>††</sup>LCPs = Long Chain Polyunsaturates.