

The SMA® Nutrition Product Range

A range to meet the specific nutrition needs of babies and young children.



Supporting you to support parents

START HERE

Is the baby full term?

YES

NO

Is there a family history of allergy?

YES

NO



SMA H.A.[®]
Infant Milk
From birth

Does the baby have any diagnosed special nutritional needs?

NO

YES



SMA[®] PRO
First
Infant Milk
From birth



SMA[®] PRO
Follow-on Milk
From
6 months



SMA[®] PRO
Toddler Milk
From
1 year



SMA[®] Comfort
Easy to Digest
Infant Milk
From birth



SMA[®] Extra
Hungry
Infant Milk
From birth

Is the preterm baby receiving breast milk exclusively?

YES

NO



SMA[®] PRO
Breast Milk
Fortifier
From birth
In hospital



SMA[®] PRO
Gold Prem 1
Low birthweight
formula
From birth
In hospital



SMA[®] PRO
Gold Prem 2
Post discharge
formula
In hospital



SMA[®] PRO
Gold Prem 2
Post discharge
formula
**For use at home
Prescribable
UK Only**

NEW

NEW

For babies with high energy needs



SMA[®] PRO
High Energy
From birth
**Prescribable
UK & ROI**

For babies with significant reflux



SMA[®] PRO
Anti-Reflux
From birth
UK & ROI*

For babies intolerant to lactose/sucrose



SMA LF[®]
Lactose Free
From birth
**Prescribable
UK & ROI**

For babies diagnosed with mild to moderate CMPA**



SMA[®] Althéra[®]
From birth
**Prescribable
UK Only**

For babies diagnosed with severe CMPA**



SMA[®] Alfamino[®]
From birth
**Prescribable
UK Only**

For cows' milk intolerant babies



SMA[®] Wysoy[®]
Infant Formula
From birth
**Prescribable
UK & ROI**

*Current product SMA Staydown[®] remains prescribable (UK only).
**CMPA, Cows' Milk Protein Allergy.

Visit www.smahcp.co.uk or
www.smahcp.ie for more information

This chart is intended for bottle-fed babies, as a guide only and is not a diagnostic tool.

INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY

IMPORTANT NOTICE: The World Health Organisation (WHO) has recommended that pregnant women and new mothers be informed on the benefits and superiority of breastfeeding - in particular the fact that it provides the best nutrition and protection from illness for babies. Mothers should be given guidance on the preparation for, and maintenance of, lactation, with special emphasis on the importance of a well-balanced diet both during pregnancy and after delivery. Unnecessary introduction of partial bottle-feeding or other foods and drinks should be discouraged since it will have a negative effect on breastfeeding. Similarly, mothers should be warned of the difficulty of reversing a decision not to breastfeed. Before advising a mother to use an infant formula, she should be advised of the social and financial implications of her decision: for example, if a baby is exclusively bottle-fed, more than one can (400 g) per week will be needed, so the family circumstances and costs should be kept in mind. Mothers should be reminded that breast milk is not only the best, but also the most economical food for babies. If a decision to use an infant formula is taken, it is important to give instructions on correct preparation methods, emphasising that unboiled water, unsterilised bottles or incorrect dilution can all lead to illness. • **SMA® PRO Follow-on Milk** is only suitable for babies over 6 months as part of a mixed diet. It should not be used as a substitute for breast milk during the first 6 months of life. The decision to start weaning or to use this product before 6 months, should be made only on the advice of a doctor, midwife, health visitor, public health nurse, dietitian or pharmacist, based on baby's individual needs. • **SMA® PRO Toddler Milk** is suitable for young children from 1-3 years, as part of a healthy balanced diet and it is not a breast milk substitute. • **SMA® Wysoy®** milk-free formula is intended to meet the nutritional needs of babies and children who are intolerant to cows' milk protein, lactose or sucrose. Soya infant formulae are not recommended for preterm babies or those with kidney problems, where medical guidance should always be sought. • **These products must be used under medical supervision.** • **SMA® PRO Anti-Reflux** is a special formula intended for the dietary management of bottle-fed babies when significant reflux (regurgitation) is a problem. It is suitable as the sole source of nutrition up to 6 months of age, and in conjunction with solid food up to 12 months of age. If the baby's reflux does not improve within 2 weeks of starting SMA PRO Anti-Reflux, or if the baby fails to thrive, the family doctor should be consulted. • **SMA LF®** is a lactose-free milk based formula for the dietary management of babies and young children who are intolerant to lactose or sucrose, or who are experiencing symptoms such as diarrhoea, tummy ache or wind caused by temporary lactose intolerance. It is suitable as the sole source of nutrition up to 6 months of age, and in conjunction with solid food up to 18 months of age. SMA LF® is not suitable for those who are allergic to cows' milk protein, or who suffer from galactosaemia or require a galactose free diet. • **SMA® PRO High Energy®** High Energy is a milk based formula for the dietary management of babies and young children with medically determined high energy requirements as identified by a healthcare professional. It is suitable as the sole source of nutrition up to 6 months of age, and in conjunction with solid food up to 18 months of age. SMA PRO High Energy is not intended for use with preterm babies, for whom fortified breast milk or a low birthweight formula such as SMA PRO Gold Prem 1 is more appropriate. **SMA® PRO Breast Milk Fortifier** is a nutritional supplement designed to be added to expressed breast milk for the dietary management of feeding preterm low birthweight babies. • **SMA® PRO Gold Prem 1** is a special formula intended for the dietary management of preterm and low birthweight babies who are not solely fed breast milk. • **SMA® PRO Gold Prem 2** is a special catch-up formula intended for the dietary management of preterm and low birthweight babies who are not solely fed breast milk. It is a nutritionally complete formula for use on discharge from hospital or when a low birthweight formula is no longer appropriate. It is suitable for use as the sole source of nutrition up to 6 months corrected age. SMA® PRO Gold Prem 2 is not intended for use with newborn preterm babies, for whom fortified breast milk or a low birthweight formula such as SMA® PRO Gold Prem 1 is more appropriate. • **SMA® Althéra®** is a special formula intended for the dietary management of mild to moderate cows' milk allergy. It is suitable as the sole source of nutrition up to 6 months of age, and in conjunction with solid food up to 3 years of age. • **SMA® Alfamino®** is a special formula intended for the dietary management of severe cows' milk allergy and/or multiple food allergies. It is suitable as the sole source of nutrition up to 6 months of age, and in conjunction with solid food up to 3 years of age.



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